



THE SISKIWAN

CELEBRATING 35 YEARS

SISTERS KIWANIS CLUB, SISTERS, OREGON

NOVEMBER 15, 2012 - VOL. 35 ISSUE 2

Our 35th Anniversary Celebration!

by Suzanne Carvlin

Editor

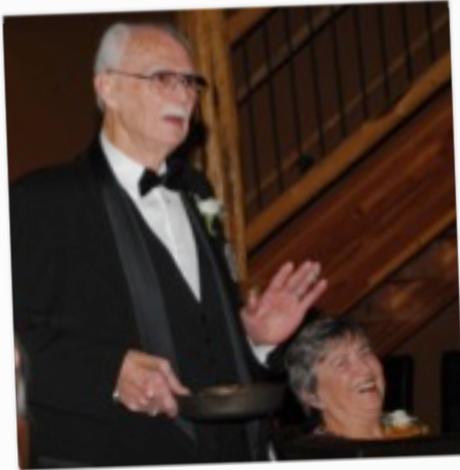


photo by Chris Carvlin

It was a beautiful night for a celebration. Over 70 members and guests of the Sisters Kiwanis Club gathered on Saturday, November 3rd at Aspen Lakes to commemorate 35 years in the Sisters Community with club members and significant others.

Bob Grooney (Sisters Kiwanis Lifetime Member and Past-President) was the Master of Ceremonies. Bob, looking dapper in his tuxedo, delighted the crowd and recounted some memories of the club's history as well as hosted a round of "fines" which are a tradition during the weekly club meetings.

Kiwanis **Lt. Governor of District 78, Earl Schroeder**, received the Legion of Honor for 45 years of Kiwanis membership and service.

The Legion of Honor award recognizes members with 25 or more years of service every 5 years. Recipients include **Dave Clemens**, 35 years; **Bob Grooney**, 35 years; **Warren Seaward**, 30 years; **Earl Armbruster**, 30 years; **Bill Duehren**, 25 years; and **Jerry Taylor**, 25 years.

Earl Schroeder noted the night of the party that he and his wife, Carol, enjoyed a marvelous evening, "What a wonderful time we had. We have been a Kiwanis Family for a very long time, and this evening was the classiest celebration we've ever attended. It couldn't have been done any better. Both Carol and I had a great time this evening. We Say THANKS! It was an All-Time HIGH in Kiwanis."



photo by Al Boyette

Master of Ceremonies Bob Grooney lauded the good qualities of his wife, **Claudia Grooney**, during 'fines.' (top) **Sisters Kiwanis** enjoyed dinner prepared by **Aspen Lakes** as a wedding was celebrated in our weekly meeting space. We were as well behaved as could be expected.

Patricia Woollard agreed, "I had a really fun evening all around! Great company,

continued on page 2



HEADLINES

Our 35th Anniversary Celebration!

← continued from page 1

good food, memorable entertainment...and both Oregon teams won! Can't get much better than that!"

Thank you to our Sisters Kiwanis Club 35th Anniversary Celebration committee: **Jan Failing, Dave Huni, Jack McGilvary, Jeff Omodt, Earl Schroeder, Marcea Degregorio, Michele Hammer, Pat Woollard, Bob Grooney (L), Tay Robertson** and to **Kelly Cyrus** and the **Aspen Lakes** team. You all put on a wonderful event at Aspen Lakes for our 70+ attendees. We all enjoyed a wonderful evening of laughter and memories. Thank you for making the evening so special!

Sisters Kiwanis 35th Anniversary Photo Gallery

View our 35th Anniversary Photos in our online photo gallery: <http://sisterskiwanis.org/Photos.html>



Al and Fran Boyette



Lt. Gov. Earl Schroeder and Bob Grooney



Jim Smith



Jeff Omodt and Winnie St. John



Vern Renner and John Mapes



Tom Worcester (L)

photos by Chris Carvlin

INSIDE THIS ISSUE



-
- Page 1:** Headlines
-
- Page 3:** Prez's Column
-
- Page 4:** Pink Day
-
- Page 5:** Women in Kiwanis
-
- Page 9:** Veteran's Day
-
- Page 10:** Member News
-
- Page 13:** Around the Club
-
- Page 15:** From the Board
-
- Page 18:** Food Bank News
-
- Page 19:** Key Club
-
- Page 21:** District 78
-
- Page 22:** Volunteer
-
- Page 23:** Calendar
-
- Page 24:** Join Us!
-
- Page 25:** Contact Info
-
- Page 26:** Mailer Page
-

Want more?

Visit our website:

http://sisterskiwanis.org/Siskiwan_Newsletter.html

PRESIDENT'S LETTER

FROM THE PREZ - NOVEMBER 2012

Letter from our President, Dave Huni,



What are you thankful for?

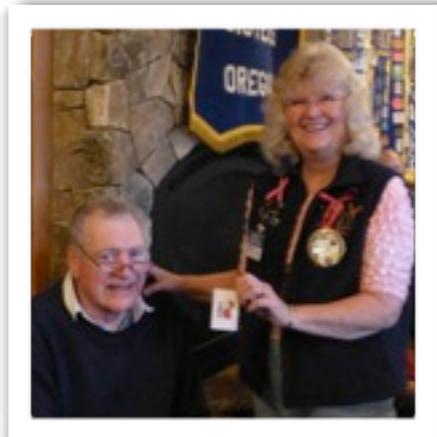
November is a great month to take stock and examine where we are in our journey, both as Kiwanians and as members of our community. I am grateful for the opportunity to be your front guy, the person you chose to be your voice for this year. I too, am extremely grateful to be a part of the Sisters community and gladly offer my talents to Kiwanis, my church and the schools to help make things better for those who need an extra hand getting by or who are not fortunate in some other way.

Finally, I'm thankful that each of you in your own way has stepped up to contribute to our club. Be it bringing us programs, working at the Food Bank, welcoming folks at our meeting, collecting used eyeglasses, reading to kindergarteners...(insert huge list here), you are out there too! The times I honestly dread in this life is when I feel I am traveling a path by myself. I can happily say, with Kiwanis, those times are extremely rare, because you are never more than a phone call, meeting or email away.

Thanks for letting me take this walk with you!

President Dave

Bill Duehren Wins the Pot!



Bill Duehren (L) (pictured left with **Shirley Lalli (L)**) held the winning ticket in the weekly drawing on November 1st at the President's Meeting. Bill took home a whopping \$180.00!

Congratulations, Bill!

\$\$\$

photo by Jeff Omodt

WOMEN IN KIWANIS - 25 YEARS



THINK PINK DAY

by **Suzanne Carvlin**

Editor



Thursday, October 25th, **President Dave Huni** hosted a theme of “Think Pink” in honor of 25 Years of Women in Kiwanis and in support of October Breast Cancer Awareness Month.

Pink was spotted throughout the club and many heartfelt stories were shared during fines. **Shirley Lalli** recalled her personal fight against Breast Cancer and her own survival story. Many in the club told personal stories and remembered family members and friends who have fought Breast Cancer. Not all have won the fight and their memories were honored.

President Dave Huni was very happy with how Pink Day went, “So great to hear survival stories!”

Jan Failing made pink and blue ribbons that were hand stitched with a bead onto pins. Pink for our two pink causes and blue for Kiwanis. **Jan’s** ribbons were a nice touch and much appreciated.

It was so uplifting to hear everyone’s personal thoughts and share a wonderful first Pink Day!



Suzy Ramsey and Pat Woollard (top), **Naomi Rowe** (right), **Shirley Lalli and Jim Smith** (bottom).



Jan Failing (top), **Shirley Lalli** (left), **Michelle Hammer** (bottom).



Past President Jeff Omodt



photos by Suzanne Carvlin and Jeff Omodt

MEMBER PROFILE: **MAY FAN**

by **Suzanne Carvlin**

Editor



Dr. May Fan joined Sisters Kiwanis August 28, 1991. May is the second-longest active female member in our club, after Shirley Lalli, with 21 years of service.

May first moved out to Sisters in 1990 with her husband of four years, Kris Calvin. "My husband is from Alaska," said May, "but we had always decided that we would be on the West Coast. His folks live in Alaska, my folks live in California. We went to California and met at College in California at Stanford. I went to Stanford undergrad and then San Francisco Medical School and then Maine residency for three years, but we knew we would come back."

"I was interviewing from Maine and would talk to people who knew a little bit about Central Oregon. Because I didn't know, living in the Bay Area, you don't really hear about Bend, or at least I didn't. I just figured Oregon...wet..., you know.... But, from Maine, we found out there's this part of Oregon that is sunny, dry, and it got listed in Outside Magazine as one of the top ten places to live. We like outdoor sports. It was a matter of being in the right place at the right time there."

After deciding upon the West Coast and Central Oregon region as places they wanted to live, May began to apply for jobs. "What happened was I applied for a job in La Pine. It was a satellite that BMC (Bend Memorial Clinic) had, but that job got filled by a woman who is now a very good friend, best friend. They said, well, we don't have anything in Bend right now, but we've been thinking of opening up a satellite in Sisters," May explained.

"I said, Sisters, oh, I hadn't really thought, I came back, looked, (pause) oh, this is kind of a nice area, (pause) they decided to build a clinic as a satellite. So I just fell into it. It was really fortuitous because this is just a wonderful place to raise a family."

"He (Kris) had done some timber framing in Maine and when he came here, he opened his own business. He started a business, in timber framing." Kris Calvin still currently owns and operates his timber framing business in Sisters called Earthwood Timber Frame Homes.

Shortly after settling down in Sisters, the local druggist, who had leased part of his building to May and BMC for her practice,



photo courtesy of Jeff Omodt

May Fan traveled with her mom to China and did a program for a club meeting about her trip in January 2011. Here she stands in front of an ice sculpture in China.



photo provided by Jeff Omodt

May Fan runs in all of the Key Club sponsored events. Here she is on a trail for the Key Club with **Sue Wheeler**.

continued on page 6



WOMEN IN KIWANIS - 25 YEARS

MEMBER PROFILE: **MAY FAN**

← continued from page 5

Tim Muir, invited May to a Kiwanis meeting.

“Tim Muir was my sponsor. He was the main pharmacist. He and his wife were both pharmacists and ran Sisters Drug and the Gift Shop. They backed out over time and now, they’re not doing the pharmacy part, but, he used to be the main pharmacist and he was the landlord. He owns that building that BMC had and I saw Tim all the time and he used to be president, Tim, way back.” (Editor’s note: Tim Muir was club president from 1988-89.)

Tim didn’t have to work very hard to convince May to join the club. “I just wanted to meet people at the time. When you first come into town, I thought, oh, this is good.”

New to the town of Sisters, with a new practice, new to the Kiwanis Club and starting a family, May juggled the many new aspects of her life. Recalls May, “Well, the work was actually a pretty ideal situation because being in a satellite, you were in a small office, so you didn’t have to deal with a lot of the politics of the main clinic and had a little bit more autonomy. I decided on my own, kind of, to take maternity leave and come back part time after the kids were born. I had a little bit more flexibility of my hours and no Call (being on call after work hours). I didn’t have to go back and forth to Bend because I had support of a large Family Practice department.”

“It’s been pretty cush, really, compared to a lot of doctors. I didn’t have to wake up in the middle of the night to even answer the phone because the way it was set up was I initially worked 5 days a week and the Family Practice Doctors in Bend worked 4 days a week and shared Call. I had no Call. So it was nice. We never had to hire, like a nanny, or anything when the kids were little.”

“It was a good situation from the get go and you know, slow to begin with, there had not been a doctor in Sisters who was full time. There had been Steve Knapp, a guy who lived in Tollgate many years ago and moved to Bend. He was doing a lot. He was doing OB, he was doing, Redmond and Bend, making rounds, two hospitals and he eventually moved to Bend. And then there was a clinic, Cascade Medical Clinic, that would send one of their doctors out Monday and another on Tuesday, and so they had some medical care, but nobody who lived in Sisters. Then I came and I started out with no preexisting patients, and so it was slow build up, but over time, obviously it’s been fine and the town is big enough to support me and the other two offices now and but yet, not so big that I’m swamped in work.”

“My partner Dr. Hillis is there (in the BMC clinic) one day a week. I’m there four days a week and he’s there one day a week. He covered for me during my sabbatical two years ago and loved it. He’s a great guy.”

When May joined the Kiwanis club, Shirley Lalli, C.B. Davis and Barbara Johnson had been member for 2 years after Kiwanis International became co-ed in 1987. I asked May what she could recall of the club’s attitude toward women members, and did she realize that only 4 years before international Kiwanis had officially allowed women into the club.



photo by

May Fan enjoying another run in the Key Club Harvest Ramble in 2010. **May** won first place in the Women’s Group.

continued on page 7



WOMEN IN KIWANIS - 25 YEARS

MEMBER PROFILE: **MAY FAN**

← continued from page 6



photo by

May Fan gathered with **Michelle Hammer** and **Key Club President, Holly Chapman** during the Key Club Harvest Ramble in 2010.

May replied, "It seemed surprising to me (that women were so recently a part of Kiwanis Club before she joined) but it wasn't very long before it became very natural to have women in the club and it was a non-issue after that. I never sensed any underlying current of residual chauvinism or... When I came, those folks had been weeded out and everyone was perfectly happy."

May has many fond memories of Sisters Kiwanis over the past 21 years. "I have memories of Earl Armbruster as President and Shirley serving us at the Gallery Restaurant. You would just walk in and she would remember your breakfast order. I mean she had this great memory of, you know, 40 different orders. Single-handedly, " May emphasized.

As far as fundraisers and projects, "We've had some bike rodeos," May recalled. "A bike rodeo is where you get little kids who aren't maybe the best at being able to ride in a straight line and look behind their shoulder at the same time, signal, and rules of the road, and setting up cones and having them do little [obstacle courses]."

For projects or socials that May would like to see return, she said, "You know I think we're doing more formal, regular, social things now than we ever used to. It was usually just the fundraising events where people got together and socialized, and the meetings, so I can't think of any things I'd like to bring back."

Among May's favorite memories are the weekly meetings, "Camaraderie, the fun humor and liveliness in the morning and the view of the mountains is gorgeous," May exclaimed.

"The fun thing [is it] has been consistently upbeat and comedic." Laughing at the memories, May adds, "Like, Grooney, and Earl Armbruster were so witty (snaps fingers) and it was funny and just like it is now, not quite as big of a group, but equally funny back then. And that's just characterized Kiwanis all these years. It just seems like there's always joking around and a lot of quick-witted members trying to outdo each other. It's become almost a little competitive now. And Jeff McDonald is really good, but he's not that old. The initiating quick-wittedness came from Bob (Grooney), for me. And it's good to see he's in pretty good form now."

I tell May that we have started a monthly column from Bob Grooney called "Words of Wisdom from Bob Grooney" to which May replies that she has a favorite quote, "Never run away from your problems. Pedaling is much faster." (Editor's Note: Your move, Bob.)

Both of May's children, Amity and Devon Calvin have been involved in the Kiwanis Key Club at Sisters High School. Amity has now gone off as a freshman in college. "She's in Middlebury. It's a small town and a fairly small college [in Vermont], but it's hard to get into, so it draws people from all over the world," May described. "She's pre-med. Biology." "I think it's great. It's far away, but... We all miss her, but she was a pretty independent kid and, obviously, this is all what we want. This is what we expected. But, we've got a quieter home and he's (Devon) getting lots of attention and.... So it's fine. It's working out. He's doing well."

continued on page 8



WOMEN IN KIWANIS - 25 YEARS

MEMBER PROFILE: **MAY FAN**

← continued from page 7

Devon Calvin is currently the Secretary of the Key Club and Amity was Vice-President last year. May says that she didn't get them involved in Key Club, "This is something you learn as a parent, that you don't.... What you want you don't tell them, you just (arms motioning in a circle) you know, (laughing) let them come to their decision about it. They've just known that I've been in Kiwanis a long time and they actually both decided without any pushing from me, which is nice."



photos from the archives

With one child in college and one almost ready to leave for college, May has her sights set on a work sabbatical in a few years. "BMC offers a 6-month sabbatical every 7 years. 2 years ago, I took 6 months off and just played and biked and went to Roatan in Honduras for a month and did a little volunteer work. Roatan was an interesting experience. So, I'm going to hang in there because in another 5 years I get another 6 months sabbatical," May enthusiastically stated.

May Fan's children have also been active Key Club Members. **Amity Calvin** at last year's Key Club Breakfast Meeting (left). **Devon Calvin** participating in the Key Club Harvest Ramble in 2010. **Devon** is currently the Key Club Secretary.

"People are always asking me are you retired? It's like, "I'm not old enough to be retired. And I have the kids in college so don't ask. Those would be the orthopedic surgeons who can retire in their 50s."

As for the Sisters Kiwanis Club, May is proud of the club's accomplishments and assistance to the community over the years, "I'm proud of the longevity of the Food Bank, that's been huge. And the Kiwanis House is a big accomplishment. The scholarship fund is pretty generous. Amity received a scholarship. Pretty happy about that."

"I'm a big believer in winter sports to keep you in town over the winter. You know, all the snowbirds, they typically don't ski. That's the other piece of advice. If you're going to live in Sisters, try snow shoeing or skiing. That will keep you coming to the winter meetings. Because you won't be as afraid of the weather, so you know, you've got to get geared up so. There are times when you need Yaktrax in the parking lot at Aspen Lakes. Getting gear, getting the right gear, so you're not afraid to come out in the morning in the winter."

May's parting advice to club members, especially new members is, "Make things fit in your schedule. I think that coming to the meetings, you get that feeling that you belong...that you then want to go work on the projects, so coming to the meetings is, the thing. Pretty important. There are some people that it (the weekly meetings) doesn't work in their schedule and they seem to drop off over the years. You know, they just loose connections with people, so, come to the morning meetings. And stick with it, even in busy times, don't drop if things are busy. Do the projects, but hang in there over the long haul. I think it's a good club for the long haul. It's been for me. Wonderful."

SPECIAL TRIBUTE - VETERAN'S DAY

The Veteran

With raised right hand
"I solemnly swear....."
These words will lead
To who knows where!

Be it Army, Navy,
Coast Guard or Corps
The path you choose
May lead to war.

The freedoms that
We hold so dear,
Are just what
Despot leaders fear.

They rule by force,
Their citizens oppressed,
While here the people
Have the best.

To speak in public
Without fear,
To travel freely
Far or near.

To vote for leaders
Win or lose,
To worship God
If they so choose.

We have a statue
"Liberty"
That holds a torch
For all to see.

A light that shines
'cross land and sea.
This ray of hope
Says "Be like me!"
A beacon to all
Who would alter course;
A curse to leaders
Who rule by force.

And thus the conflict
Festers and grows,
Until the fuse
Is lit and glows.

It's then that the ones
Who raised their hand
Are sent to fight
In a far-off land.

It could be to
Some far-off beach
Or a frozen world
That's far from reach.

Or in a plane
That's flying high,
But even there
You still could die.

A ship on an angry
Open sea
Or a submarine
You cannot see.

A river running
Brown with mud
That's often tinted
Red with blood.

It could be to
A foreign land
That's oven hot
With blowing sand,
Or possibly
To jungle heat
Where moisture is
The thing to beat.

A place where an enemy
Looks like a friend.
And if you are fooled
It will be your end.

For those who serve
There is the chance
That you just might lose
This dangerous dance.

That's why we give
To all who serve
The honor that
They earned with nerve.

They raised their hand
And said "I swear...."
Regardless of the risk
They bear.

For those who raised
Their hand to serve,
To pledge their life,
They had the nerve-

Man or woman
It's all the same
Each can add
"Veteran " to their name!!

T. C. Lyster
October 30, 2012
Tumalo, Oregon



photo by Jeff Omodt

Lt. Gov. Earl Schroeder (right) presented poppies to honor each of our Veterans for Veteran's Day. **Jim Foster, OSU**, read aloud this T.C. Lyster's poem, "The Veteran."

MEMBER NEWS

Bob Helwig, Celebration of Life

by Jeff Omodt

Past-President & Cub Reporter



Outside it was a gray and rainy day at the Helwig home on Sunday, October 28. But inside there was nothing but sunshine and warm memories as about 60 special friends and family (including many Kiwanians) gathered to celebrate and remember the many ways Bob Helwig touched all of our lives. Over and over people repeated comments about his kind heart and an eagerness to help others. His family members told us about a man whose commitment to his family always came first. One of the very special hospice caregivers spoke about Bob's special courage and dignity as he made his transition through his illness. A very special friend to us all, farewell Bob, you will be missed.



photo provided by Jeff Omodt

Bob Helwig and his wife, **Evonne**, had on their Bucket List Wish (even after Bob was in Hospice) to fly around Sisters and over their house in a helicopter.... So they did it. Neither had ever been in a helicopter before.



photos by Winnie St. John

Bob Helwig drove his pickup every year in the Rodeo Parade.

LAST MONTH'S PROGRAMS



Cal Allen Part 1, Cal Allen spoke about his trip to Mongolia that he went on in 2005 with his son, Brandt. Cal wears a traditional Mongolian camel hair vest and holds a carved wooden vessel designed to highlight carving skills as well as hold beverages such as 'Airag', a fermented milk.



Cal Allen Part 2, Cal refers to a map of Mongolia. Cal also recommended the books *Hearing Birds Fly: A Nomadic Year in Mongolia* by Louisa Waugh, *Genghis Kahn and the Making of the Modern World* by Jack Weatherford, and *The Long Walk* by Slavomir Rawicz



Kristi Miller, new Sisters District Ranger, USFS. Kristi spoke about how fire has affected our community. Yoshi Furuya assists Kristi with a map of our Pole Creek Fire. The Nugget reported that the point of origin was found to be a lightning strike.

photos by Suzanne Carvlin

MEMBER NEWS

NEW MEMBER PROFILE



Name: John Mapes

Age: 55 (56 in December)

Occupation: Management Consultant. Background in medical technology, environmental technology and energy. Masters Degree in Finance, Bachelor of Science in Engineering from ?

Family: wife, Sarah Moulton; daughter, Kiran Mapes (who is also in Key Club at SHS)

Previous Residence: Cardiff, CA

Years in Sisters: 4 months

Favorite Hobby: gardening, reading & writing, travel.

Fun Fact: Has traveled to Europe, East Asia, South Asia, South America. Favorite vacation spot: New York City.

Club Interests: Key Club, Website, Northwest Medical Teams, Ronald McDonald House, Long Range Planning

Words from John's Sponsor: Gary Kutz, "John and Sarah are new to our Community and I have known John for a short time, but I can say that he is eager to become involved in the Sisters Community.

New Member Photo Gallery



photo by Jeff Omodt

Pres. Dave Huni with **John Mapes** as he receives his New Member status (top). **John Mapes** and his sponsor, **Gary Kutz**, enjoy a moment (right). **Jerry Hanford** (below left), a new member in October. **Jerry** greeting members with his sponsor, **Jim Smith** (below right).

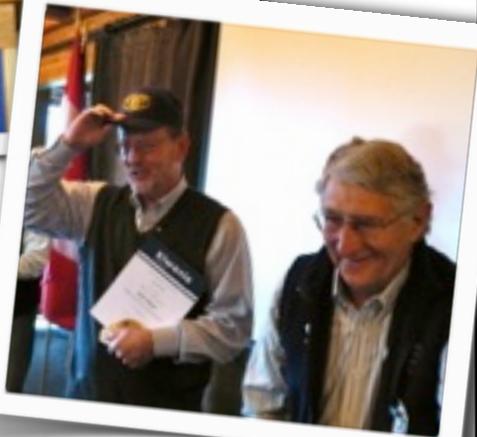


photo by Jeff Omodt

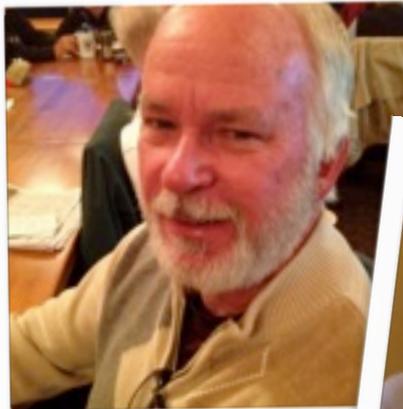


photo by Suzanne Carvlin



photo by Jeff Omodt

MEMBER NEWS

NEW EDITOR PROFILE



Name: Suzanne Carvlin

Age: 39

Occupation: New Editor of the Siskiwan

Family: husband, Chris

Pets: 2 dogs: Rocky & Jaco and 2 cats: Carter, Sadie

Hometown: Fullerton, CA

Years in Sisters: 2

Favorite Hobby: party planning, fashion and crafts

Fun Fact: was the editor-in-chief of her high school newspaper, The Oracle. Worked for Nordstrom for 17 years in Visual Merchandising and was a professional wedding planner.

Why Kiwanis? I enjoy contributing my experience in party planning, publication editing and managing large teams to help contribute to Kiwanis' mission of helping children in our community. I love meeting the local kids and seeing how I can help. The club is a fun group.

News from Sanibel Island

by Warren Seaward (L)

Nancy and I are pretty well settled in for the winter here in Florida. It felt so good to walk out the door and be warm after our snowy send off. We are back into our daily visits from the Alligators (one big 10ft.), 20 or so Wood Storks, numerous White Ibis, Blue Herons and Osprey no song birds as yet.

I managed to make it to my first weekly meeting of the Sanibel - Captiva Kiwanis Club Last week - still no ladies yet. Their seasonal projects are just getting underway so I will be kept busy for some time. This weekend we will be busy with the Taste of the Island's annual fundraiser for CROW, my other volunteer busy work.



WORDS OF WISDOM



FROM BOB GROONEY

“Drinking doesn't solve anything. But, neither again, does milk.”

- BOB GROONEY

AROUND THE CLUB

On the Road with Vern

by **Vernon Renner**

Member



Kati and I drove our Infiniti SUV from our home in Sisters to Sedona, Arizona and visited all the national and state parks along the route.

Rather than drive down freeway 5 through California, we headed out of Bend on Highway 20 through Brothers, Burns and crossed the border into Idaho, stayed the night in Gallo at a Hampton Inn.

The next day we drove to Moab. We ate dinner there the night before at a restaurant named Sunset with a view of some of the natural nature carved earth sculptures. In Moab you must stop at the Moab Brewery for lunch and a sampler of beer.

Our next stop was Santa Fe, New Mexico where we stayed for a week. We met up with a friend who lives in Albuquerque. We attended the launching of the balloons at the Balloon Fiesta which is held

each year.

Our friend knew one of the owners of a balloon so we were able to be real close while they inflated their balloon. They were the first to launch on what's dubbed the Dawn Patrol. There were hundreds of balloons and what seems thousands of spectators on the grounds to cheer as balloons are lifted into the air.

We got up at 4:30 am to be present for the lift off so we went back to our room and took a nap so we could return to the launch area to witness the evening program. Most of the evening balloons were corporate owned such as ReMax, Wells Fargo and others. The rest of our week in Santa Fe we visited most all the galleries. We took a guided jeep safari into the back country so we could get a close up look at the wonders. From what we saw and were told all this area was covered with sea water millions of years ago. It makes one believe the tales from the Bible and the great flood. The earth was carved by the sea and

Vern and Kati visited the Balloon Fiesta in **Albuquerque, New Mexico**. The world's largest hot air balloon festival, the **Albuquerque International Balloon Fiesta** occurs each October when more than 600 balloons can be seen in the sky at a time.

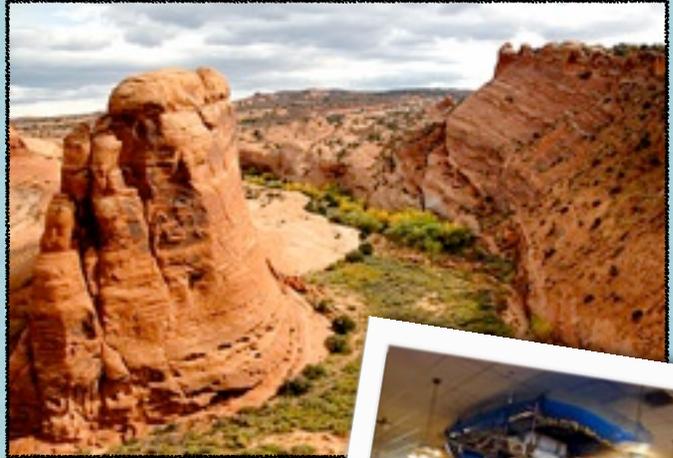


photo courtesy www.destination360.com

(Above) One of **Vern and Kati Renner's** stops was **Moab, Utah**. In the 1800s, the area that is now Moab, Utah served as a crossing point for the Colorado River. It is know for its wondrous rock formations, gravity-defying arches and spires, ancestral Puebloan dwellings, and vast, lush green valleys.



photo courtesy breweries.findthebest.com

(Left) **Moab Brewery**.

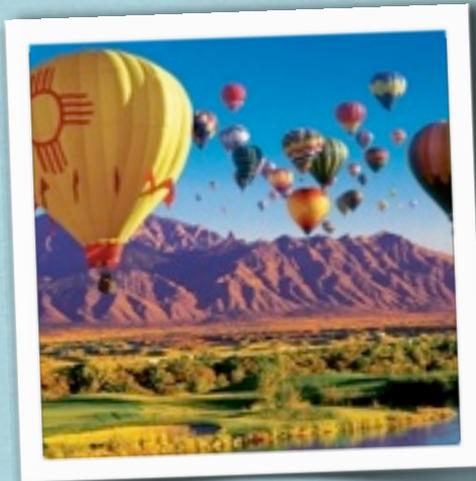


photo courtesy www.kincaidcoach.com

continued on page 20



A PAGE FROM HISTORY

On the Road with Vern



continued from page 19

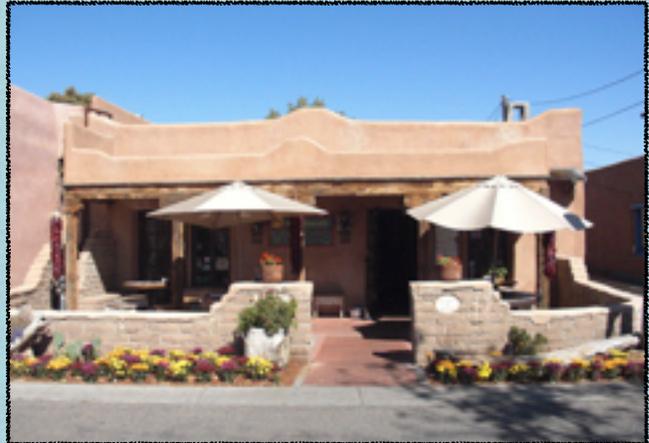
after the water had receded by continued rivers, streams, rain, ice and the wind. We toured Bryce Canyon, The Arches, The Needles and the Canyons plus the galleries. We spent a day in The Old Town of Albuquerque. We ate lunch at a restaurant named the Church.

On our trip we ate Mexican food for breakfast, lunch and dinner. Our last stop along the way was in Sedona where we stayed at a time share named Sedona Pines. If you book a long time in advance they have several spaces for 44' RVs. Each room is a separate cabin designed as a luxury RV. They are very "nice".

A week in Sedona was fun. We visited some of the vortex sites and of course made a tour of the galleries. We returned the same route.

We have a GPS Garmin with a woman's voice that calls out the directions. Along the way the car GPS told me one thing, Kati something else and the GPS told us to take the next legal U turn. Despite all the guidance we made it to Sedona and back traveling about 4,000 miles. Gasoline prices along the way were on average \$3.50 a gallon.

I drove the last leg from Burns on highway 20 to Bend. That is a long drive, but the closer we got to Bend and Sisters the better we felt about being back in God's country. The weather was excellent and the vehicle drive was very good. Did you know that in some of the states the speed limit is 80 MPH for all vehicles. RVs towing a tow car traveling at 80 and 22 wheel trucks passing cars going that fast. We didn't witness or see a single accident during our travels. It was great getting back to our cozy 400 sq. foot home.



photos courtesy of churchstreetcafe.com

Vern and Katie enjoyed lunch in **The Old Town of Albuquerque, New Mexico** at the **Church Street Cafe**.



photos courtesy of sedonapines.com

A view of Sedona Pines in Sedona where **Vern and Katie** lounged at their time share.

Vernon

BOARD OF DIRECTORS NEWS

FROM THE SECRETARY

from the desk of Jan Failing

Secretary

• • •

This time of year I get back on my soapbox about gathering information from people regarding their volunteer hours. Obviously, every week, I keep meeting attendance, but I figured the majority of people, whether you've been members for a long time or not, really don't know the recommendations and kind of the rules concerning attendance in our club.

Our meetings are important because they support the club financially, through the raffle, fines, "free" badge, etc., are informative, as well as providing a camaraderie of the group, and finding out what everybody's doing. The attendance is for the members actually participating by being at our Club's weekly meetings. Since we are a "service" organization, members can receive attendance 'credits' for missed meetings...volunteering is our main focus.

The requirement recommendations we've adopted from Kiwanis International are stated in our Club's bylaws and policies and procedures. (Please see the following page for the list.)

"To receive credit for attendance for a missed meeting, the member must be present for at least 60% of the time of the scheduled meetings." So this is actually part of the **active** member criteria. "Attendance by proxy is not permitted." You can make up meetings by credit at the following meeting activities, which would be: club sponsored projects, socials, the Installation, etc., but volunteering to help those in need in our community is also an excellent way to receive credit. But I need to know what you are doing.

I KNOW there are members out there below my radar doing great things. I am also very much aware most of our volunteers do so from their heart, not keeping an accounting of how many hours are involved, nor do you talk about it. Not all volunteering may be applicable, but if you would begin giving me a little report every month (by the President's meeting of the following month) of what you're out in Sisters Country doing to help our community, I would love to see you receive credit if you've missed a meeting. It is also a way for us to see what projects might be needing more volunteers, creating an opportunity for fellow Kiwanians to get involved.

Please email me or fill out a short report including the dates you've volunteered and the approximate hours served. All committee chairs and/or sub-committee chairs should be completing a report each month (committee title, members present & length of time meeting). There is a volunteer report on our website www.sisterskiwanis.org, click on the 'Officers' link, find 'Volunteer Tracking Forms'. You can bring these completed forms to me at any meeting.

Due date for volunteer reports: The first regular meeting of each month (President's meeting) for reports on the previous month only.

Sincerely and with great respect,

Jan Failing



photo by Suzanne Carvlin

BOARD OF DIRECTORS NEWS

MEETING ATTENDANCE REQUIREMENTS

To receive credit for attendance at a meeting, the member must be present for at least 60% of the time scheduled for such meeting. Attendance by proxy is not permitted.

Club Meeting Preparation Credit Opportunities

One member participation credit shall be given for personal attendance at the following meetings or activities during the calendar month or seven (7) days immediately preceding or following the month that a club meeting is missed:

- A. Regular Meeting: A regular meeting of any Kiwanis club.
- B. Round Table Meeting.
- C. Special Meeting: A special meeting of any Kiwanis club.
- D. Club Board Meeting: A regular meeting of the member's club board of directors.
- E. Club Committee Meeting: A regular, scheduled meeting of a formally established committee of the member's club.
- F. Club Project: Participation in a club approved service project. (Maximum of one credit per day per service project.)
- G. International, District, or Division Convention, Conference or formally scheduled meeting. (Maximum one credit per convention, conference, or meeting, regardless of length.)
- H. International, District, or Division Board Meeting. (Maximum of one credit per meeting, regardless of length.)
- I. Traveling from a regular club meeting as a result of travel to or from the International or District Convention or conference (travel must be within seven (7) days before and/or after the convention or conference.
- J. Kiwanis Family Functions: Attendance at any club function for Kiwanians and their families designed to improve health, welfare, morale, and spirit de corps, such as club dinners, picnics, birthday parties, outings. (Maximum of one credit per month.)
- K. Sponsored Programs: Attendance at any club sponsored programs board meeting, regular meeting or sponsored programs service project.
- L. Office Visits: A visit to the Kiwanis International Office, a Regional Service Center, or a district office (Maximum of one credit per quarter.)
- M. Jury Duty: One credit shall be given for each regular meeting missed as a result of performing jury duty.

Monthly Attendance Credit Calculation

- A. Basis and Frequency: Attendance credits for a club member shall be determined monthly, and shall be based on the number of member attendance credits compared to the number of regular meetings the club has that month.
- B. Limit: A member's attendance credits shall not exceed the number of regular club meetings for that month.
- C. Membership Class: The percentage of the club's monthly attendance is based solely on total number of active members of a club. Honorary and Senior members or guests, whether members of Kiwanis or not, are not included in the calculation.

BOARD OF DIRECTORS NEWS

SEE'S CANDIES SALE

The annual See's Candies Sales fundraiser begins Saturday, November 17th and goes through Saturday, December 22nd in the Ray's Parking Lot.

We will have the "Sign Up Board" in the front of the room at the Thursday morning meetings until all the slots are filled.

There are 2 shifts per day: 10:00 am - 2:00 pm and 2:00 pm - 6:00 pm. Please see **Tom Kopec** or **Gary Kutz** for the schedule.

**Winter Fundraising
is Here!**



NEW BOARD MEMBER PROFILE



Name: Dave Cox

Age: 69

Occupation: Retired

Family: wife, Linda

Pet: Hanna

Hometown: Lewiston, Idaho

Years in Sisters: 7 years

Loves Sisters Because: It has a great variety of things to do.

Favorite Hobby: Skiing

Why Kiwanis? A vibrant service organization.

Visit our Photo Gallery online!

You can always stay in the loop with what our club is up to! View our online photo galleries!

Club Meetings: <http://sisterskiwanis.org/Photos.html>

Past Events: http://sisterskiwanis.org/Past_Events.html



FOOD BANK NEWS

New Food Bank Freezer

Courtesy of Oregon Food Bank

Year End Report

• • •



photo by Kerry Bott

Barbara Bott and Marsha Allen with the new Food Bank freezer courtesy of the OFB.

According to the Oregon Food Bank's (OFB) year end report, the Sisters Food Bank received a donation from the Network Support Fund (NSF) to purchase a new freezer for our Sisters Food Bank.

The Network Support Fund (NSF) is a board designated pot o' money set aside to provide small to medium sized grants to RFBs and their Partner Agencies for capacity building and program enhancement opportunities.

As always, much of the focus in FY11-12 was on equipment. Additionally, and noteworthy, NSF supported fundraising activities, IT upgrades and transportation offsets for rural agencies.

As in other years, OFB made two bulk purchases of freezers and refrigerators which were sent out around the state. Refrigeration continues to represent a large proportion of network grants.

New Food Bank Building Update

contributed by Pres. Dave Huni, Dave Roberts, Dave Hiller and Gary Kutz

President and Project Managers

• • •

At the October 31st board meeting, the Board agreed to move forward to build a new food warehouse to provide volunteers a safer, more ergonomic and efficient facility to do their good work for the community.

To get the ball rolling, the Board agreed to set aside funding up to 20% of the total projected project cost in order to achieve the next step, which is to apply for grants by the end of November to help fund the project.

The Board asked for additional plans/options for the building with an ADA restroom and office. But, the decision on which design to go forward with will be made based on what funds we receive through the grant process and fund raising.

We will keep you updated on our progress.



photo by Jeff Omodt

Gary Kutz, Dave Roberts and Dave Hiller refine their plans for the new Food Bank.

WHERE DOES THE FOOD COME FROM?

OFB warehouses distributed \$43.5 million pounds of food to the Network's 20 RFBs.

Network RFBs added 17.6 million pounds

Partner agencies and Clark County added 20.6 million more pounds of food.

Partner Grand total of Network food resources = nearly 81.7 million pounds of food!

Food Bank

November 2012

Families	94
Adults	203
Children 6-18	58
Children 0-6	18
Value	\$11,689.50
Volunteers/Hours	
Kiwanis	12/42
Community	18/66



KEY CLUB

Key Club Kicks off Winter Drives

by Suzanne Carvlin

Editor

...

Key Club kicked off both their winter food drive for the Food Bank as well as their winter clothing last Tuesday. Club leaders Holly Chapman and Cierra Tigard broke the Key Club into groups to strategize their plan and decide which local businesses to contact in order to stage pick up locations for food and winter clothing. The Key Club plans to donate all food to the Food Bank and winter clothing to FAN (Family Access Network) in December.



SHS Key Club Board 2012-13

President, Holly Chapman

President-Elect, Cierra Tigard

Secretary, Devon Calvin

Treasurer, Elissa O'Connor

Advisor, Gail Greaney

Kiwanis Liaison, Michelle Hammer

Contact

Key Club President Holly Chapman:

email: KeyClub@SistersKiwanis.org

For more information:

website: SistersKiwanis.org/Key_Club/Key_Club.html

KEY CLUB EVENTS

October: Trick or Treat for Unicef and Project Eliminate

November: Winter Clothing Drive

December: Food Drive for the Food Bank

Sisters Kiwanis Inter-Club pow wow with **Earl Schroeder, Suzanne Carvlin, Pres. Dave Huni, and Jerry Hanford** photos by Jeff Omodt (left). **Pres. Dave Huni** works with **Devon Calvin** (right).

Next Meetings

Time: 12:00 noon

Date: Dec. 4th

Place: Mrs. Greaney's Room 242

See you there!

DO
THE
DUES



KEY CLUB

Key Club Mission

Key Club is an international student-led organization which provides its members with opportunities to provide service, build character and develop leadership.



KEY CLUB

KEY CLUB IN ACTION



Trick or Treat for Project Eliminate

by Holly Chapman

Key Club President



photo by Suzanne Carvlin

Key Club President, Holly Chapman (left) and Treasurer, Elissa O'Connor (right) start up a meeting of Key Club dressed exactly alike. A coincidence? Nope. They wore the same outfits to school to win points for the Senior class during Spirit Week at Sisters High School for "Twin Day."

The Key Club participated in the "Trick or Treat" for Unicef to raise funds for neonatal tetanus prevention as part of the Kiwanis Club's Project Eliminate. Every 9 minutes, a baby dies from tetanus.

This is totally preventable. For \$1.80, you can purchase 3 doses of medicine to prevent neonatal tetanus. The Key Club will be working with the CORE team at SHS by distributing flyers and collecting money to raise funds for Unicef. We appreciate any support that you can give us!



Boo!



AROUND THE BLOCK - DIVISION 78

FROM THE LT. GOVERNOR

Making the Rounds

from the desk of Earl Schroeder

District 78 Lt. Governor

• • •

I have been busy making the rounds of the clubs within our district.

Last month, I "just winged it" at the Madras Club meeting. I was extolling the many virtues of our own Sisters Kiwanis Club.

A funny thing happened at the meeting. The waitress asked me what I wanted to order. I said, 'Not much, I'm on the Rubber Chicken circuit.' She said, 'I'm sorry sir, we don't serve Rubber Chicken.' SURE MADE MY DAY!

I recently made my official visit to the 'sage'd' Bend Club, which was chartered in 1924. And to think that Kiwanis International was only founded in 1917. When a good thing occurs, the word gets around. Both **Ted Lyster** and I unexpectedly had very similar programs: 'Honoring The Veteran.' It was a complete surprise to each of us.

The Sisters Club will make their Inter-Club visit to Bend on Nov 19th, thanks to Pat Woollard's organizational skills. I also spoke to my own Sisters club and the Madras Club visited our Sisters Club for an Inter-Club on October 25th. It sure was great to meet them!



photo courtesy of Dave Huni

Lt. Gov. Earl Schroeder addresses the Madras Club on his goodwill tour of District 78.



photo by Jeff Omodt

Lt. Gov. Earl Schroeder addresses his own Sisters Club on November 1st.

Division 78 Directory

Kiwanis Pacific NW District Office

10184 SW Laurel Road

Beaverton, Oregon 97005-3211

Ph: (503) 641-8869 FAX:(503) 644-3600

E-Mail: Info@PNWKiwanis.org

District Secretary-Treasurer, Cleve Parker

Division 78 - 2012 - 13

Lt. Gov. Earl C. Schroeder

69455 Lasso

Sisters, Oregon 97759

(541) 588-6131

(503) 510-7141 (C)

To view all Club Directories for District 78, visit:

www.SistersKiwanis.org

VOLUNTEER

Upcoming Volunteer Opportunities

We need volunteers to help with:

- Food Bank** - delivery each Wednesday & Food Bank help every Thursday - see **Naomi Rowe**
- Christmas Food Share** - December 21st at the Sisters Fire Hall - see **Shirley Lalli**
- Next Blood Drive** - January - see **Naomi Rowe**

FAST FACT:

The first Object of Kiwanis International is: "To give primacy to the human and spiritual rather than to the material values of life."

Source: Kiwanis International.



Upcoming Inter Club Opportunities

- Key Club** - was held Tues., Nov. 6th, at Sisters High School.
- Prineville** - Thurs., Nov. 15th, leave K House at 10:45 a.m.
- Bend** - Monday, Nov. 19th, leave K House at 11:15 a.m.
- Cascadia (online)** - Nov. 26th, contact Pat for details
- Redmond** - Wed., Nov. 28th, leave K House at 11:15 a.m.
see **Pat Woollard** - PatWoollard@yahoo.com 541.977.0718

FAST FACT:

The second Object of Kiwanis International is: "To encourage the daily living of the Golden Rule in all human relationships."

Source: Kiwanis International.

CLUB CALENDAR

For a link to our live calendar, please visit: http://sisterskiwanis.org/Club_Calendar.html

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28		30	31	Nov 1	2	3

ADD TO YOUR CALENDAR:
November 28th - Board Meeting at the Kiwanis House. All members are invited. Especially new members!

2013

January 26th - Sisters Kiwanis 2nd Annual Winter Social at the Tollgate Clubhouse
February 14th - 17th - Circle K District Convention in Hood River, OR
March 1st - 3rd - Midwinter Meeting in Bellingham, Washington
March 22nd - 24th - Key Club District Convention in SeaTac, Washington
June 26th - 30th - Kiwanis International Convention in Vancouver B.C.
August 15th - 18th - Kiwanis PNW District Convention in SeaTac, Washington

MILESTONES

November Kiwanis Club Anniversaries

- 1st - Jean O'Hara - 1995 - 17 years
- 11th - Bear Gray - 2010 - 2 years
- 15th - Karen Keady - 2011 - 1 year

November Birthdays

- 8th - Linda Bafford
- 13th - Jeanne Nolander
- 28th - Chuck Kuzminski

November Wedding Anniversaries

- 4th - Marcea & Lou Degregorio - 2004 - 8 years
- 6th - Suzanne & Chris Carvlin - 1999 - 13 years
- 10th - Barbara & Kerry Bott - 1978 - 34 years
- 11th - Don & Dorro Watson - 1988 - 24 years
- 14th - Peter & Janet Storton - 1970 - 42 years
- 26th - JT & Jan Taylor - 1969 - 43 years
- 26th - Mark & Carol Golde - 1988 - 24 years
- 27th - Dave & Laurine Clemens - 1968 - 44 years



JOIN US!

Speaker's Calendar

Nov 1 - President's Meeting

Nov 8 - Jim Foster, OSU
Political Science Professor

Nov 15 - Kelli Sheets - Yoga

Nov 22 - Thanksgiving - No Meeting

Nov 29 - Bob Munger, Lt. Gov.
Div. 62



Dec 6 - President's Meeting

Dec 13 - Tim Roth - Sisters
High School Athletic Director

Dec 20 - Leland Bliss - SHS
District Facilities Director



Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Our Sisters Kiwanis Purpose and Mission:

The members of the Sisters club take pride in a very real impact on our local community. Our club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families.

The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, manning Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems.

Sisters Kiwanis We Celebrate Service!

**We invite you to join us for coffee!
Thursdays at 7 AM
Aspen Lakes, Brand33**

Discover more at:
www.SistersKiwanis.org

You can find membership forms and info at:
http://sisterskiwanis.org/Join_Us.html



photo courtesy of Aspen Lakes





OFFICERS & COMMITTEES 2012-13

We Want to Hear from You!

Sisters Kiwanis

Kiwanis House

225 N. Oak St.

Club Mail

P.O. Box 1296
Sisters, OR 97759

write:

info@SistersKiwanis.org

call:

541.410.2870

visit:

www.SistersKiwanis.org
www.Facebook.com/SistersKiwanis

Club Officers

President:

Dave Huni
(541) 549-8824
david.huni@gmail.com

President-Elect:

Chuck Kuzminski
(541) 549-6905
cnakuz@gmail.com

Secretary:

Jan Failing
(541) 549-6766
hfailing@aol.com

Treasurer:

Jack McGilvary
(541) 410-2870
jackleart@aol.com

Past-President:

Jeff Omodt
(541) 549-8422
jomodt@gmail.com

Board of Directors, Committees & Projects

Club Meetings & Admin:

Tom Kopec

Community Projects:

Dave Cox

Public Relations:

Chris Carvlin

Young Children Priority One:

Jeanne Nolander

Fundraisers:

Tay Robertson

Youth Services:

Michele Hammer

Membership:

Gary Kutz

**Sponsored Organizations and
Programs:**

Chuck Kuzminski

Human & Spiritual:

Marcea DeGregorio

Contact our Board:

info@SistersKiwanis.com

Key Club

Key Club President:

Holly Chapman

Key Club Advisors:

Kristy Rawls & Gail Greaney

KeyClub@SistersKiwanis.org

web: [SistersKiwanis.org/Key_Club/
Key_Club.html](http://SistersKiwanis.org/Key_Club/Key_Club.html)

Pacific Northwest & International

PNW District Office

10184 SW Laurel Road
Beaverton, OR 97005
(503) 641-8869
www.PNWKiwanis.org

PNW District Governor:

Greg Holland
1832 St. Ann's Drive
Duncan, B.C. V9L 5M4
(250) 748-4260
kiwanisgreg@shaw.ca

PNW District Governor-Elect:

Pamela Smith
13814 139th Ave. SE
Renton, WA 98059
(253) 334-1146
pspnwgv@gmail.com

Immediate Past Governor:

Claudell King
1455 S.E. Rogue Drive
Grants Pass, OR 97526
Home (541) 660-2183
claudellking@charter.net

District 78 Officials

Lieutenant Governor:

Earl Schroeder
Sisters, OR 97759
Mobile (503) 510-7141
ECSchroeder@juno.com

Key Club Lieutenant Governor:
(vacant)



<https://www.facebook.com/SistersKiwanis>



ABOUT THE SISKIWAN

Published monthly by the Sisters Kiwanis Club of Sisters, OR. The Siskiwan is traditionally available for the regular club meeting following the monthly President's meeting. It can also be found on the club's website at:

www.sisterskiwanis.org

© All Rights Reserved, 2012

EDITOR & PR

Suzanne Carvlin, editor
Chris Carvlin, pr director

For current and past issues of the Siskiwan, please visit:

[http://sisterskiwanis.org/
Siskiwan_Newsletter.html](http://sisterskiwanis.org/Siskiwan_Newsletter.html)

THE SISKIWAN

3RD PLACE WINNER OF THE CLUB BULLETIN
AWARD 2010-2011

Have a news item or tip? Please contact the editor
or one of our Public Relations volunteers at:

siskiwana@sisterskiwanis.org

Sisters Kiwanis Siskiwan
P.O. Box 1296
Sisters, OR 97759



THE SISKIWAN



www.sisterskiwanis.org

P.O. Box 1296 Sisters, Oregon 97759 USA • info@sisterskiwanis.org • 541.410.2870

For current and past issues of the Siskiwan, please visit: http://sisterskiwanis.org/Siskiwan_Newsletter.html



SISTERS KIWANIS
SISKIWAN
P.O. Box 1296
Sisters, Oregon 97759

To: