

THE SISKIWAN

SISTERS KIWANIS CLUB, SISTERS, OREGON

Super Soup!!!

Did you enjoy soup night? We know you did by all the smiles and content faces we saw out on Thursday, Feb 2nd at the Tollgate Clubhouse. As a result, we would like to capture and share your recipes so folks can continue to enjoy your work. We're collecting recipes from soup night at the next couple meetings...be sure to drop your's with the cashier or send an electronic copy to sisterskiwanis@gmail.com. In the meantime, checkout the photos Prez Jeff and Dave took at:

www.sisterskiwanis.org



Pat Woollard and Suzanne Carvlin give big smiles to the camera held by Prez Jeff. Suzanne was a Planning Goddess and made this first in a long time winter social one to remember!



Chris Nowak from Plowshares performed...

SOUP NIGHT SIGNATURE RECIPE

Pat's Cashew Curry Chicken Salad

- 1 lb (or more) chicken breast (cooked and cubed) {I use the frozen chicken strips from Costco}
 - 4 ribs of celery, diced
 - 3 medium sized tart apples, diced {I use Pink Ladies}
 - 1 cup golden raisins
 - ½ cup (or more) coconut
- Dressing:**
- 1 ½ cup mayo (lite is fine) {I used Miracle Whip}
 - ¼ cup prepared mustard {I used Jack Daniels honey dijon}



- 1 TBSP curry
 - ½ tsp white pepper
 - ½ tsp salt
- Add cashews before serving

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Souper Social!!!

FROM THE PREZ - FEB 2012



What could be better to chase away the chill of winter than a warm cup of soup? How about twelve pots of soup and 55 of our favorite Kiwanis friends and families? The brilliant idea for this one came from our friend **Vern Renner**, who had attended a very successful soup pot luck at his former Kiwanis club in San Carlos, CA.

Well, we decided to try it here and what a great party it was. Who knew that we had great culinary wizards lurking in our midst? The soups were amazing, great salads, fresh bread, and some very nice "beverages". While nearly every member made a contribution to the event, a few deserve special praise. **Suzanne Carvlin**, a new member last fall, just happens to be a professional party planner. Whoa! I tried to keep up with her, but soon realized that when the pros step in the kindest thing you can do to help is get out of their way. Her husband **Chris** slaved all evening over the bar, where he never ran short of beverages or Kiwanians. Suzanne stretched our modest party budget to include live music, elegant table settings, flowers and decorations.

The event was the second installment of a commitment from our Board of Directors to move from one social event each year to four. Based on the success of this one, we seem to be onto a very good thing.

These socials fill an import role allowing us to meet on a different basis than we can during the regular weekly meetings. While spouses are welcome at the regular meetings only a few are able to join us (? :00 a.m. ?), so it is really special when we can expand the circle to our larger Kiwanis family.

Speaking of expanding our family, have you noticed how many great new people have been joining us recently? We have added six new members just since October (the Kiwanis New Year). They not only bring us a new burst of energy and enthusiasm but also are bring some wonderful new skills and talents to our club. Look around and see how many of our activities are being led by the newcomers. Join them, help them, and mentor them.

And just in case you don't feel you have found your passion for service yet, try a little of everything. Join with a veteran Kiwanian, to show you the ropes on one of our projects.

Finally, as part of our renewal process, four Board of Director positions open each year and several club officer slots. Nominations for 2012-13 will be presented in April. Contact **Jeff McDonald** to get your name up for consideration. Leadership in this club can be a wonderful opportunity, a great challenge, but I can assure you from my own experience that you will not find many jobs that are more rewarding or more fun.

Thank you for all you do.

Prez Jeff

Food Bank

January 2012

Families **103**

Adults **190**

Children 6-18 **81**

Children 0-6 **23**

Value **\$14,984**

Volunteer Hours:

Kiwanis: 13 folks / 87 hours

Community: 15 folks / 61 hrs

SERVING THE CHILDREN OF THE WORLD

“Stand back, I’m going to try Science”

by **Bob Collins**

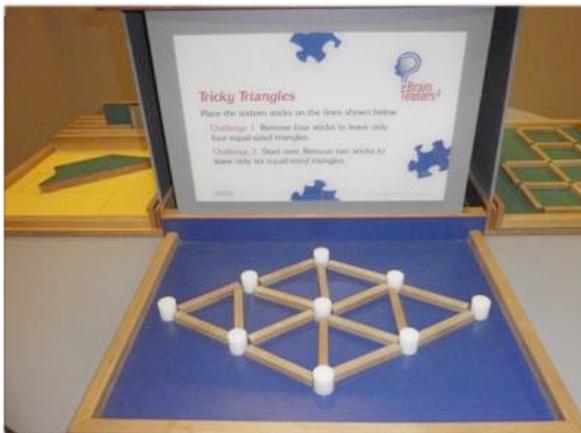
Sisters Science Club

...

OMSI's traveling exhibit Brain Teaser 2 opened to the public this past Saturday, Feb 4th, from 1 to 4 PM. It is located in the high school just off the atrium -- you'll see the banner in the left corner. The puzzles are challenging and fun. The exhibit will be with us until May so you'll have lots of opportunities to get a few right (I've been at it for 3 years and still have a ways to go). There will be docents at the exhibit to provide hints, but not solutions. Have fun.

NEW MEMBERS

Gary Keown smiles while Suzy Ramsey pins on his Kiwanis pin. at Gary's Induction Ceremony on Feb 2nd.



Sisters Science Club

Advocates for Math and Science In Sisters, Oregon

What does Kiwanis mean? The name "Kiwanis" means "we trade" or "we share our talents" and was coined from an American Indian expression: Nunc Kee-wanis

MILESTONES

February Birthdays

- 2nd - Earl Armbruster
- 4th - Ardie Winters
- 5th - Bob Woollard
- 12th - Tom Worcester
- 14th - John Ferguson
- 20th - Tom Fish
- 21st - Bob Helwig
- 23rd - Barbara Bott

February Anniversaries

- Michael & Tammy Robillard
18 years on the 5th



March Birthdays

- 13th - John Troike
- 20th - Mike Vermillion
- 28th - Bob Walter
- 29th - Cal Allen

March Anniversaries

- Suzy & Lance Ramsey
33 years on the 3rd
- Doug & Debbie Stevens
18 years on the 4th
- May Fan & Chris Calvin
37 years on the 22nd
- Earl & Zoann Armbruster
30 years on the 24th
- Tom Fish & Bonnie Asay
8 years on the 31st

Ray's Receipts Update

by Pat Woollard

...

DON'T FORGET TO BRING IN YOUR RAY'S RECEIPTS

Just a reminder: Please save your Ray's receipts and bring them every week to our meeting. Just drop them into the little grocery cart on the check-in table when you arrive on Thursdays. You may have seen the recent article and picture in the Nugget and it is so very obvious that Ray's is helping out many local organizations with \$\$ back for turned-in receipts. It is just so easy and a valuable way for our club to earn money for the scholarships we give out yearly. We earn 1% of the value spent on food (so obviously that does not include alcohol or tobacco) and that can add up to lots of money if everyone pitches in and saves those receipts.

Thank you to all who continually save and bring those receipts and new members: bring it on!

Sheryl McLaughlin is our Ray's fundraiser liaison and while she is on vacation, I will be collecting.

Thank you everyone! Pat

RV OUTING -- JUNE 15-17
Contact Dave Marlow for
more information about
the event. To make a
reservation, contact
Sandy at Belknap Springs:

541-822-3512



UPCOMING EVENTS

Feb 16th - Grief Recovery Presentation, by John W. James, 6:30 PM, Sisters Fire Hall



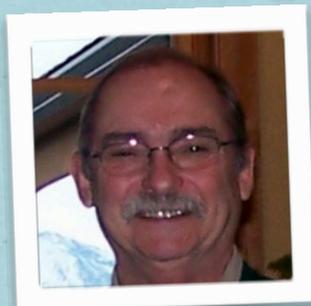
photos by Prez Jeff

A Super Troop earns Eagle Scout - Will Cyrus



The term snowbird is used to describe people from the Northern U.S. who spend a large portion of winter in warmer locales such as California, Arizona, Florida, Texas, the Carolinas, or elsewhere along the Sun Belt region of the southern and southwest United States, Mexico, and areas of the Caribbean.

SNOWBIRD REPORT



Earl & Carol Schroeder

We left Sisters on January 15th hoping to avert driving thru snow in the pass, that never came.

However, we braved lots of rain, like a weeks worth, as we slowly headed south down the Coast Highway 101, to Eureka CA. Then headed inland to I-5 where it still was raining.

It was well past Sacramento before we saw the sun from time to time, and was dry.

At about 400 miles out, we received a call that the city of Turner (S of Salem) was flooding, and our son Mark lived there. We all believed his area was under 2-4' of H₂O and a lot of it was. So knowing there would be a mess to clean up, we headed north back

to help in the cleanup process. Then son called and said he was standing in his house and all was OK, high and dry. What a relief. He had been ordered out of his home and had stayed 2 nights in a motel, and then the motel's basement flooded. What a nightmare.

The water had come within 2 feet of the back of his house, as the bark dust in his flower beds were not disturbed. He had dodged the bullet, so we turned around and headed south.

We spent 3 days in Yuma, drying out, and visiting friends. And then spent a week in Casa Grande (between Phoenix and Tucson) visiting with Carol's cousin and some long time friends from Salem. Oh, and the flat tire on the

Jeep happened somewhere in the desert past Gila Bend. Finding a used spare tire the correct size in Casa Grande (Big House) took half a day, but did eventually find one.

Presently in Sierra Vista AZ, 15 miles from Tombstone, awaiting the start of the Super Bowl. Believe it or not, we have a fire in the Chiricahua Mts. which I can see outside the motor home windows. About 300 acres by now with 5 rigs on scene, sky are smokey.

Our temps are 35 nighttime/65 daytime +/-, altitude 4600', near the Army's Fort Huachuca, which, if you can't pronounce it, you call it Ft Hooch-ce-coochy.

Bye for now, E & C



SNOWBIRD REPORT CONTINUED

Jack & Leart

...

We are sitting in an RV park east of Fountain Hills, AZ. We are experiencing the first really nice weather for the trip. So far we have had several freezing nights and some snow in Prescott with high winds most other places we have been. Next stop is Tucson AZ. Leart is looking forward to the huge Gem Show in her hunt for beads. On a happy note, we have been to 5 Native American sites, 3 of them cliff dwellings. After a week in Tucson, we will enter Mexico at the Lukeville, AZ border crossing and spend a month at Playa Bonita RV park in Puerto Peñasco or Rocky Point as many people know it. The winter soup potluck looks like it was fun.



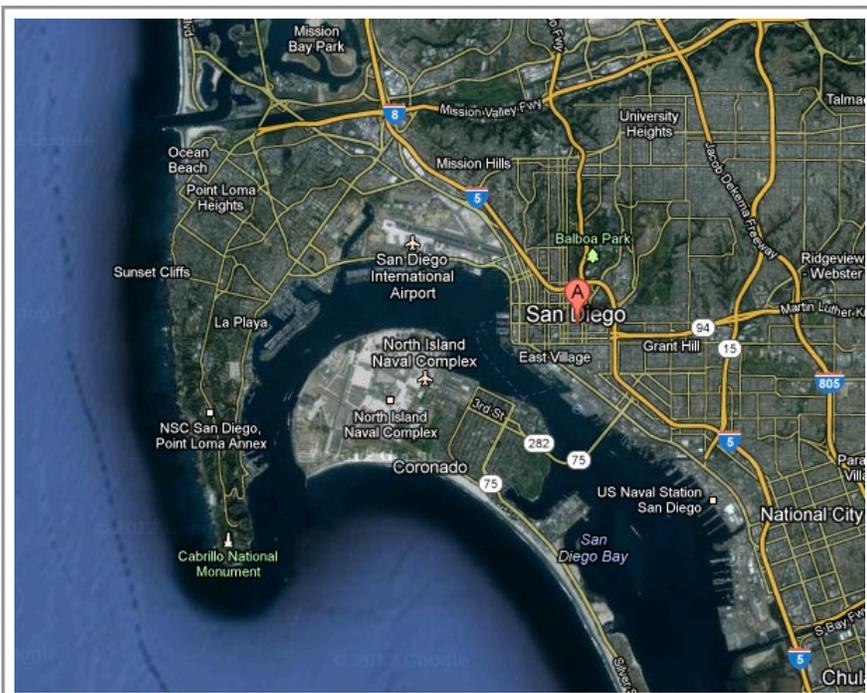
Later, Jack

Sheryl & Bill McLaughlin

...

I have to tell you that our weather has been in the mid 70's since we left on January 5th.

We have been in the San Diego area enjoying the sights and arrived yesterday in Palm Springs. Watching hot air balloons fly over, roadrunners running by our feet. (I think they are in the mating season) I have met so many people from Central Oregon. It is amazing. At the pool at 9AM and will visit the sights around here, not just the casinos.



Miss everyone but will try to suffer through this terrible weather!

Sheryl



From the Florida Everglades



by Warren and Nancy Seaward

... GREETINGS FROM SANIBEL ISLAND!

Hello All!

Are spending our normal winter here on Sanibel Island - the recently selected best vacation spot in the world.

Still keeping up with my Kiwanis activities. Now that the Christmas holidays are over things have slowed down a bit. Right now we are getting ready for the CLUBS 30+ annual spaghetti dinner, raffle & dance (second biggest fund raiser other than the annual 2 for 1 dine out book which makes over \$70,000 a year). Although I am not a club member

here, they do have me on their roster and assigned me to head up the table set up and cleanup crew (a dozen or so members, wives & children).

Mondays I still volunteer at CROW the Sanibel Captiva clinic for the rehabilitation of wildlife. Nancy keeps up with her volunteering at the Sanibel Captiva Conservation Foundation and the Sanibel Senior Center.

Things have been overly dry this winter well below average [still no snow].

Wildlife viewing from our back yard and lanai have really been great. Fly over's by our local bald eagles and ospreys. Our lawn visitors include

many wood storks, white ibis, blue herons and I can't forget our daily visits of 2 - 4 alligators soaking up the rays.

Since the college football season is finally over, I haven't had to pay any happy dollars.

For using my DUCK call. I did have one more Duck Dollar last week when Oregon's coach Chip Kelly said he would rather stay at Oregon rather than coach in Florida

Several of you have had the opportunity to visit us here and its still an open invitation.

Looking forward to seeing you in early May.

ABOUT THE SISKIWAN

Published monthly by the Sisters Kiwanis Club of Sisters, OR. The Siskiwani is traditionally available for the regular club meeting following the monthly President's meeting. It can also be found on the club's website at:

www.sisterskiwanis.org

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THE SISKIWAN

February 9, 2012
Our 33rd year!

Have a news item or tip? Please contact the editor or one of the Public Relations volunteers at:

siskiwani@sisterskiwanis.org

Speaker's Calendar

FEBRUARY 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			



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Feb 9 Chuck Humphrey, Sisters Trail Alliance

Feb 16 Maret Pajutee, One of 5, CO Women of the Year

Feb 23 Amanda Egertson, Deschutes Land Trust

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Mar 1 President's Meeting

Mar 8 Kelley Sheets, Yoga Demo

Mar 15 Bill Turner – Hands On Horse Guy

Mar 22 OPEN

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MARCH 2012						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Our Purpose and Mission:

Kiwanis International is a worldwide organization with over 600,000 members focused on serving the children of the world, one community and one child at a time. The 68 members of the Sisters club take pride in a very real impact on the local community. The club runs the food bank and has a massive food share event during the Christmas holidays. It supports fellow Sisters residents when emergency needs arise. It offers scholarships to many graduating seniors, and awards grants to dozens of organizations that have significant impact on the well-being of children and families.

The club also gives "opportunity grants" to many deserving adults in the community to help them better their position in life. Other service projects include: cleaning Sisters' highways, reading to children, improving our city's parks, sponsoring our scout troops, manning Red Cross blood drives, collecting eye glasses and cell phones, arranging community presentations, maintaining an entrance sign to our city, teaching kids poison awareness and helping screen children for health problems.

Sisters Kiwanis:
We Celebrate Service!
& invite you to join us for breakfast
Aspen Lakes, Brand33
Thursdays at 7 AM

Sisters Kiwanis

Kiwanis House:

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Sisters, OR 97759

info@sisterskiwanis.org

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Conor Greaney

greaneyconor@gmail.com

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(Medina Breakfast club)

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B.C.V9L 5M4

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hgcltd@shaw.ca

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Forest Carbaugh

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FMCarbaugh@msn.com

Key Club Lieutenant Governor:

(vacant)

Kiwanis Evening Presentation



THURSDAY, FEBRUARY 16th, 2012
SISTERS FIRE HALL - 301 South Fir Street

COST: FREE
TIME: 6:30pm

GRIEF RECOVERY

Grief is society's most off limit topic for discussion.
If you, or someone you know, is experiencing a sense of pain, loneliness,
or isolation as the result of a loss, please join us...



The Grief Recovery Method®



PRESENTED BY JOHN W. JAMES

Founder of The Grief Recovery Institute®

&

Co-Author of *The Grief Recovery Handbook*

*The Grief Recovery Method® was developed to enable a person to
successfully release the pain, loneliness, and isolation
that results from any kind of loss.*



Co-sponsored by: **and Men's Fellowship Group of
the Shepherd of Hills Lutheran Church**