

Sisters Kiwanis Club



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Early Spring Edition

Volume 1, Issue 2

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In Brief:

- *Food Bank to offer early evening hours...*
- *Interclub doesn't mean you have to travel anymore...check out our sister club the Cascadian Kiwanis at: Cascadiakiwanis.org*
- *Ray's receipts bring in over \$400 to the club*
- *Key Club President Emily Rawls named SHS Student of the Month for February*

Key Clubbers Attend District Convention



Amanda, Michele Hammer (advisor), and Emily

Sisters High School senior and Key Club President Emily Rawls was fired up after returning from the Key Club District Convention in Seattle during Spring Break last month. Along with Amanda and Michele

Hammer their advisor, the two represented the growing club at SHS. The club will hold its Spring Dance Fundraiser at SHS on Friday evening at 8 p.m. Students and guests can bring a can of food to donate to the Food Bank and receive reduced admission. The last Key Club meeting of the school year will be April 21st at noon in the Special Education resources room in SHS. Kiwanis members are invited to attend as part of the interclub program. Contact Sheryl McLaughlin for info at 549-6580.



Lt. Governor Cindy Visits

District Lt. Governor Cindy Crowther dropped into last Thursday's President's Meeting to give us a few update on District happenings. Topping the news, she read a thank you letter from the newly chartered Cascadia Kiwanis Club. President Steve Emhoff noted the momentous occasion was due in great part

to a grant from the Sisters club to get things going. Cindy presented the club with a "New Club Sponsor" patch for our honors banner and invited any and all to join the Cascadia Club online at one of their biweekly meetings (see interclub article for more info). Cindy also congratulated us

as part of Division 78 for having the highest membership growth rate for the last quarter!

Last, but not least, she reminded folks of the National Convention in Nashville in June and noted that the Zone Conference in May in Sisters was cancelled.

"Serving the children of the World"

Food Bank Update

The Food Bank is reorganizing to step up to the higher demand for food caused by the nation's and region's current economic crisis. New Chairperson Linda Walker outlined efforts underway to get things revved up and ready.

Topping the effort will be new evening hours starting May 7th to allow working folks to use the Food Bank. The Food Bank will be open 5 - 7 p.m. the first Thursday evening of the month.

Linda also introduced her key staff to the club. Naomi Rowe (volunteer organizer), Lance Trowbridge (business donation solicitor) and Gary Frazee (logistics support).

Linda capped her comments to the club by asking volunteers to be extra generous with canned food and pasta in the coming month. We know a lot of folks are hungry out there and we want them to know, come hard times, they can count on us to help them fill in the gap.

The Stats for March:

Book Boxes: 82
Adults: 180
Children 6-18: 70
Children 0-6: 20
Value: \$9,715
Volunteers: 25 Kiwanis
12 Community
Volunteer Hours: 74

Member Update

At the April 2nd President's Meeting, Membership Director Doug Roberts presented personalized standard membership badges to Kerry and Barbara Bott and to Michele Hammer representing their transition to full members in good standing.

Cal Allen won the bidding war for this month's "Free Badge" We can hardly wait to hear what viewpoints he'll have to offer.

In Memory of Neil Koch

The High Desert Corvette Club donated \$500 to the Sisters Kiwanis Food Bank in memory of and on behalf of member Neil Koch. Neil's wife Sandy was on hand to receive the check and pass it on to Kiwanis President Barbara Johnson.

Sandy let us know and invited us all to a Celebration of Neil's life at the Chapel in the Woods in Camp Sherman on May 9th

at 2 p.m. Sandy asked folks R.S.V.P. so she could insure enough food was on hand for all.

A Kiwanis bench that has been prepared in Neil's memory will also be on display at the event and will ultimately be placed near the entrance to the new Ray's Food Place store in Sisters.



Sisters Kiwanis President Barbara Johnson and Sandy Koch receive a check from High Desert Corvette Club and Kiwanis Member Chuck Kuzminski

Committee Updates

- Fundraising Director Jeff McDonald reported efforts are on track for the Kiwanis Golf Tournament at Aspen Lakes on June 6th. To date, 32 foursomes have signed up to play and 15 or 16 hole sponsors have committed to support us.
- Cal Allen announced that interested folks should contact him for the scholarship committee which is working to award \$10,000 in Kiwanis funded scholarships this Spring.
- Jeff McDonald also announced we have two Career Opportunity applications to review and he would be reporting the outcome at an upcoming meeting.



Inter-Club Program Update

Want to see first hand what other clubs are up to? Or maybe visit friends from years past in the setting of another club's meeting.

Sheryl McLaughlin is our Inter-Club organizer. See her at a meeting or call her at 549-6580 for more info about upcoming trips.

Don't feel like making a trip but still want a chance to get credit/make up a missed meeting. Now, if you have a computer with internet access you can

do that easily from the comfort of your home by dropping into a meeting of the new Cascadia Internet Club chat. Simply visit their web page listed below at the club meeting time and click on the link to chat. The chat uses an open sign in--no password required. Just type in a meaningful username (e.g. Riley M. in Sisters) so folks know you're a visitor and chat away. It's fun and easy to do--even for those who are new to computers.

For those trying for perfect club atten-

dance, chatting with Cascadia can count as an inter-club and offset a missed meeting.

Upcoming Inter-Clubs:

April 21 - SHS Key Club, Noon

May 14 - Burns

June 18 - Prineville

August 19 - John Day

Cascadia Club - 2nd and 4th Sundays at 7:30 p.m. at www.cascadiakiwanis.org

Bob Woollard Recovering from Brain Surgery

When Bob Woollard joined Sisters Kiwanis in January earlier this year, he was looking for projects to keep himself busy. He quickly made a name for himself in the club by creating beautiful new name tags for guests and for member use during inter-clubs and he also came up with up with the template for the new newsletter. Little did we know it was part of Bob's method of coping with Parkinson's he's had to deal with these last years. As we were just getting to know Bob in January, he was already making plans for his return trip to D.C. for his surgery.

The DBS procedure involves the implantation of electrode

arrays into the brain and the insertion of the implantable pulse generators (IPGs) that drive the system. DBS alleviates various symptoms of many neurological disorders by applying electrical fields in specific regions of the brain. Currently, DBS is being used predominantly for people suffering from movement disorders such as Parkinson's disease and essential tremor.

Bob had his procedure to implant the electrodes and battery pack in Mid-March and is already enjoying some of the benefits -- better sleep and fewer drugs, But the real benefits will come with the next series of procedures when they "turn him on"

and start programming the implants.

The next major event is when they take out the staples in Bob's head on April 11th and then the big event, when they turn on the electricity from the implanted battery pack on Saturday, the 19th. Bob's been told by a close friend who had the DBS surgery 18 months ago, that the program adjustments to acquire the right level of electrical charge to both sides of the brain can be methodical, but well worth the wait. He has experienced superb results from his DBS surgery.

We just know, we can't wait for Bob and his wife Pat to



New member Bob Woollard underwent brain surgery in March to implant electrodes for his Deep Brain Stimulation (DBS) therapy.

get back to their new home in Sisters and to enjoy their company again. Best wishes and Godspeed!

Milestones - Birthdays, Anniversaries and Such

Anniversaries



Earl and Carol Schroeder
48 years on April 8th

David and Sandy Marlow
37 years on April 15th

Bob and Claudia Grooney
37 years on April 17th

Rick and Nadean Murray
19 years on April 28th

Birthdays

1 Joe Bachtold

3 Bob Grooney

2 Jean O'Hara

5 Susan Windell

11 Ron Mohler

15 Jan Failing



Sisters Kiwanis Club

Primary Business Address

MAIL:

P.O. Box 1296

Sisters, OR 97759

PHONE:

Jack McGilvary, (541) 549-4274

Club Officers:

President: Barbara Johnson

President-Elect: Grant Cyrus

Secretary: Linda Bafford

Treasurer: Jack McGilvary

Past-President: Tay Robertson



Our Purpose and Mission:

Kiwanis is an organization for men and women who want to improve their communities through participation in service projects of **LOCAL, national and international importance**. In all programs, participation is the key word for service by members. Weekly business meetings include presentations on a variety of interesting topics. In its three-decade history, Sisters Kiwanis has been involved in the development and support of many community organizations, including Scouts, Campfire, Little League, organized soccer, Habitat for Humanity, and Sisters Organization for Activities and Recreation to name just a few. In addition, Kiwanis volunteers maintain and staff the community food bank, which provides emergency food boxes for less fortunate citizens in the area. Kiwanis also has provided park-type benches throughout the city, and built a playground apparatus at the main city park in Sisters. The organization was a major contributor to the city's new ball field complex. Individual Kiwanis members have had leadership roles in many civic and cultural organizations in Sisters, helping provide continuity in the growth of the community through the Kiwanis motto, "Service to the community with an emphasis on youth".

Upcoming Speakers

Apr 16 - Becky Johnson, OSU Cascades Strategic Plan

Apr 23 - Keith Sampson, Senior Center and Assisted Living for Sisters

Apr 30 - Environmental Protection Against Invasive Species

May 7 - President's Meeting

May 14 - Ellen Watterson, The Nature of Words

May 21 - Bunny Thompson, Sailing Adventures on the High Seas

Weekly Meetings at Aspen Lakes in the upstairs Conference room

Upcoming Events

Apr 14 - President's Fireside, 6:30 p.m., Barbara's House

Last Week in April - Share-A-Meal

May 16 - Highway Clean-up

May 16-17 - Divisions 78-82-84 Zone Conference in Sisters <CANCELLED>

Jun 6 - Golf Tournament at Aspen Lakes

Jun 14 - Buckaroo Breakfast

Jul 20 - Blood Drive

Aug 13-16 - District Convention Medford, Oregon



We're on the Web!

www.sisterskiwanis.org



Buckaroo Breakfast