



February, 2007

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Travis Browning

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Travis Browning

***Membership***

Garth Tosello

***Youth Services***

Bob Walter

***Fund Raisers***

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***Young Children***

***Priority One***

Jeanne Nolander

***Community***

***Projects***

Rick Davidson

***Key Club***

Ray Powers

***Sponsored Orgs.***

Jim Smith

**Please send  
Comments and  
suggestions to:**

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[@sisterskiwanis.org](mailto:@sisterskiwanis.org)

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org



***Moving On, Moving Up***

Vice President Travis Browning is shown above announcing his promotion at the Bank of Cascades. Travis will be moving to the Redmond Branch of the bank. Unfortunately for Sisters Kiwanis, this means that Travis will be resigning from our club. We wish him well with his new position.



## ***AED for Fire Department***

By Bobbi McGinn

The Kiwanis Club of Sisters recently presented the Sisters-Camp Sherman Fire District with a check for \$1,265, earmarked for the purchase of an automated external defibrillator (AED), a lifesaving emergency medical device. The new AED will be placed into service in one of the chief officer command vehicles, which are often present at public functions.

An AED is used to deliver a "counter shock" to victims of cardiac arrest. The machine is programmed to effectively recognize fatal heart rhythms, and the electric shock delivered by an AED essentially resets the electrical system of the heart in an attempt to restore an effective heart beat.

"Having an AED as part of the chief officer equipment complement will aid in the delivery of a 'counter shock' while an ambulance is responding to the scene, which will increase a victim's chance of survival where it's been proven that every minute counts," said Jeremy Ast, Shift Commander with the Sisters-Camp Sherman Fire District.

Research has shown that early defibrillation has been proven to drastically improve a victim's chance of survival from a cardiac arrest, and as a result many communities (including Sisters-Camp Sherman) have invested in AED's. The Sisters-Camp Sherman Fire District currently owns six AED's, placed strategically throughout the community.

"We would like to express our sincere appreciation to the Kiwanis Club of Sisters for their support of our mission to provide the citizens and visitors of the Sisters and Camp Sherman communities with the highest level of emergency medical care," said Ast.

Ast urged community members who have additional questions about AEDs and how they could potentially benefit their businesses to contact the Sisters-Camp Sherman Fire District at 549-0771 or email [info@sistersfire.com](mailto:info@sistersfire.com).



Girl Scouts, Boy Scouts, Cub Scouts and Head Start. Wow, was it busy Thursday, Feb 1 at the Kiwanis meeting! What were all of these organizations doing at 7:30 in the morning? Well, they were telling Kiwanians about the great things they do for the Sisters community. The Girl Scouts are having a February Food drive, the Cub Scouts helped with the Christmas Food Share and want to know "what more can we do to help Sisters?" The Boy Scouts were represented by Justin Dean. We know Justin from his Eagle Scout Project last year at the Kiwanis House. The Scouts are not resting on their laurels. They are building a cross-country course for the high school. And, Head Start? They are collecting books for kids. Kiwanis wants to thank all of these organizations for the great work they do for our kids. Each organization received a check from Kiwanis to help Sisters kids make ours a better community.



Photos: Tay Robertson

## ***Tough Stuff***

O'Keeffe's Company located here in Sisters, makes Tough Stuff, Working Hands Crème. Tara O'Keeffe developed Tough Stuff for men and women who work with their hands. Originally developed in 1994 the company today still produces the original formulation, which has proven to be the most effective solution for skin that cracks and splits, as hundreds of thousands of satisfied customers attest. The product is available as "Working Hands" or as a product especially for feet called "Working Feet"

O'Keeffe's Working Hands Crème works because it's different. The unprecedented effectiveness of O'Keeffe's Working Hands and Working Feet Crème is due to its chemical humectants, an occlusive agent and a radically different pH in an unconventional formulation which has proven to increase hydration and circulation. O'Keeffe's creates the perfect microenvironment to both initiate and stimulate skin cell growth and repair.

O'Keeffe's Working Hands Crème is produced and marketed in Central Oregon.

## ***Sisters Community Garden***



The Sisters Community Garden project was presented to members by the Sisters Vision Action Team. They have proposed that the empty backyard of the Kiwanis house be used for a Community Garden.

Community gardens, where neighbors come together to grow food or other plants for their families and improve their neighborhoods, set a cooperative tone from which a coalition can emerge. The following describes the opportunities that community gardens represent for coalition building.

"Community gardeners work with an ever-growing circle of partners and collaborators. Local businesses, faith based groups, schools and civic organizations all represent valuable allies that have not traditionally taken an interest in community gardening. Coalitions broaden the impact of garden projects and build long-term community relationships. Through cooperative partnerships, neighborhoods and organizations become aware of how community gardens can become an asset to the broader community. Research shows that community gardens increase the number and types of relationships between residents and local institutions, businesses and services. A merging of agendas among partners (such as addressing a need for open space or children's activities) both supports the garden and nurtures a collective passion to make deep and lasting positive change in a community."

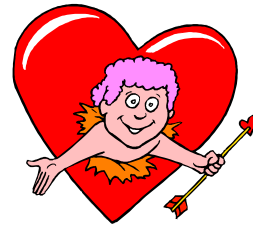
Karen Payne and Deborah Fryman  
American Community Garden Assn.

## Happy Birthday!



February 24 **Ardith Winters**  
February 15 **Bill Dakin**  
February 24 **Tom Worcester**  
February 24 **Robert Helwig**  
March 24 **Chris Tosello**  
March 24 **Cliff Clemens**  
March 20 **Tom Fish**  
March 29 **Cal Allen**  
March 28 **Bob Walter**  
March 25 **Charles Blake**  
March 28 **Tim Muir**

## Happy Anniversary!



February 03	<b>Michael Robillard</b>
March 03	<b>Suzy Ramsey</b>
March 04	<b>Doug Stevens</b>
March 12	<b>Steve Mills</b>
March 20	<b>Tammy Emberton</b>
March 22	<b>Doug Roberts</b>
March 31	<b>Tom Fish</b>

The **Kiwanis Board Meeting** is on the last Wednesday of the month at the Fire Station. (All members are invited.)

## Activity Calendar

April 2007	Kiwanis Div 78, 82, 84 - Zone Conference
April 21	Share a Meal Social
April 26	April Blood Drive
May 5	Highway Cleanup
June 10	Buckaroo Breakfast
July 14	Quilt Show/Kiwanis Kitchen
July 20	Blood Drive
August 23 - 26	District Convention - Tacoma

## Speaker Schedule

March 1 - President's Meeting  
March 8 - Brad Boyd, Mayor of Sisters  
March 15 - Northwest Medical Teams  
March 22 - Jon Renner, History of Outlawnet

## *The Objectives of Kiwanis*

To give primacy to the human and spiritual rather than to the material values of life.

To encourage the daily living of the Golden Rule in all human relationships.

To promote the adoption and the application of higher social, business, and professional standards.

To develop, by precepts and example, a more intelligent, aggressive, and serviceable citizenship.

To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and good will.



The mission of **Sisters Kiwanis** is "*Service to the community with an emphasis on youth.*"