

The High Desert exPRESSion

Sisters, Madras, Redmond, Bend, Prineville, Burns, La Pine & Cascadia

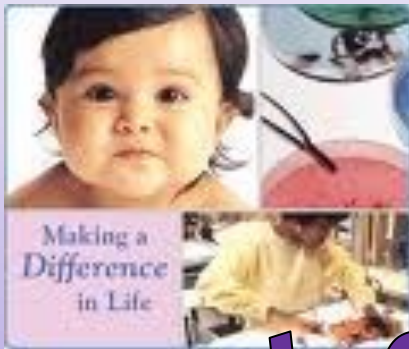
By,

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Lieutenant Gov. of Division 78



Guess what's here?!?



March of Dimes!

How to support the March of Dimes

- Donate
 1. Online
 2. Phone
 3. By Mail or Fax



- Participate - Find out how online!
- Volunteer - Find Opportunities online
- Partner - For Fundraising

www.marchofdimes.com

March of Dimes MISSION!

Our mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. We carry out this mission through research, community services, education and advocacy to save babies' lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health: prematurity, birth defects, low birth weight.



RODEO!!!

Which means the Buckaroo Breakfast hosted by the Sisters Kiwanis is going to take place June 13th!



Contact me if you would like to help! Sisters Kiwanis would love any help that you offer!

We want Key Clubbers from all over the division to help! If you cant help than support us by coming, wear your Key Club shirts or Rodeo gear for a breakfast that supports the Sisters Kiwanis. Bring your whole family, some money and prepare for a wonderful morning!! I will be there. :]

A promotional poster for the 70th Annual Sisters Rodeo. The text reads: "70TH ANNUAL SISTERS RODEO JUNE 11, 12 & 13, 2010 'The Biggest Little Show in the World'". Below the text is a logo for "SISTERS RODEO" with a silhouette of a bull rider and the text "SINCE 1940 THE BIGGEST LITTLE SHOW IN THE WORLD". The background of the poster shows a bull rider on a bucking bull in a rodeo arena, with spectators in the background. The number "99" is visible on the arena fence.

Portland Area Rally!

CELEBRATING SERVICE AROUND THE WORLD

May 29th, 2010

9:00 am— 2:00 pm

At CLACKAMUS High School



This is for any student! Key clubbers come learn about what is great about the PNW (Pacific Northwest) . Key Club Officers come learn how to improve your position, and Students come learn why you should join us in our amazing organization!

Having trouble recruiting or maintaining members?

1. Host an Assembly to inform people of what Key Club is.
2. Create a Spirit Squad to cheer, wear shirts, hand out candy and bring awareness to Key Club.
3. Create a PowerPoint explaining Key Club and some fun things you do.
4. Get a Bulletin Board in your school and put pictures of all the fun stuff you do
5. Jazz up your meetings, let others talk, and do not single out individuals unless it is in a positive manner. Especially in front of the group.

Good Luck!

Important Contacts

Caitlin Snaring - PNW District Governor - pnwcaitlin@gmail.com

Yoo Eun Kim - PNW District Secretary - kcyooeun@gmail.com

Meghan Ruff - PNW District Treasurer - pnw.treasurer.ruff@gmail.com

Varun Awasthi - PNW District Editor - varun.awas@gmail.com

Cindy Crowther - Area Administrator - crowther@mycommunityfirst.com

Have a great week everyone! Remember that what we do in Key Club helps everyone! Think of a project that you can start in your school. Like we did at Sisters High School by starting a Soda Can Lid Drive to donate to any Ronald McDonald House to help support them!



QUOTE OF THE MONTH!

All life is an experiment. The more experiments you make the better.

-Ralph Waldo Emerson

Don't Forget that I'm here to help!

Email me at ltg.amanda@gmail.com

Call at 541.588.0145 or text!

But stay in touch. :]



KEY NOTES

- **Presidents remember to email me on the 5th of each month.**
- **Secretaries remember to do your monthly reports!**
- **Don't forget to send all your club info to me ASAP.**

REMINDER: Please keep all meetings in your schedule, and Presidents please remember to send me an email on the 5th to check in! Any Questions? Call!